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# 2019 Level 8 Regionals

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## New Format

- Gymnasts who score a minimum of 34.0 All-Around at their State Championship qualify for the Regional Championship
- Qualifiers will be divided into age groups of approximately 20 athletes
- 3 age groups will compete in each session
- Competition will be modified capitol cup
- State team scores will be calculated each session, based on the top 3 scores on each event
- Points will be awarded to States based on their placement in each session
- The Regional Team Championship will be awarded to the state with the highest point total